

## FGO-MHD Community Resources

### (Alternatives to Calling the Cops)

Some of these resources may be required to call the police depending upon the situation, especially in cases of immediate risk of harm to an individual, child abuse, or abuse of a vulnerable adult. This list is non-exhaustive and is not meant to cover all situations. Submit corrections & additions to: [redrivercreatives@gmail.com](mailto:redrivercreatives@gmail.com)

If you are in danger of immediate harm and feel safe doing so, please call 911. For medical emergencies, ask for an ambulance and give accurate symptoms. You do not need to go into specific detail regarding the circumstances. Be completely honest with EMS once they arrive, especially in situations regarding drugs or alcohol. Be aware Fire/EMT crews may arrive before an ambulance.

For complete directory of non-emergency services:

★ 2-1-1 \ [myFirstLink.org](http://myFirstLink.org) FirstLink is a free, confidential service available to anyone 24/7/365 for listening and support, referrals to resources/help and crisis intervention.

FirstLink's Suicide Lifeline, 1-800-273-TALK (8255)

Veterans Crisis Line: Dial the number above and press 1, or text 838255

National Crisis Line: Text "HELLO" to 741741

National Disaster Distress Helpline: Call/text 1-800-985-5990

Never Use Alone: 877-696-1996 [neverusealone.com](http://neverusealone.com)

ND Recovery Talk: 701-291-7901 [hhs.nd.gov/behavioral-health/recovery-talk](http://hhs.nd.gov/behavioral-health/recovery-talk)

Cass Clay Alerts - Automated alert system (via email, text, voice mail) to receive notifications of emergency situations, critical community alerts, severe weather warnings. Register at: [cassclayalerts.gov](http://cassclayalerts.gov)

#### Regional Dispatch

##### Fargo Fire Department

Fire Station 1 - 637 NP Ave. #4916 701-241-1540  
(Stn 2 - 25th St S, Stn 3 - 25th Ave S, Stn 4 - 1st Ave N)

##### Moorhead Fire Department

Fire Station 1 - 1120 1 Ave N. 218-299-5432  
Fire Station 2 - 2413 20 St S. 218-299-5435

##### Dilworth Fire Department

709 1st Ave NW, Dilworth 218-287-2248

##### Fargo Public Works Department

402 23rd St N. #4114 701-241-1453

#### Moorhead Public Service (electric & water)

500 Center Ave. (2nd floor) 218-477-8000 (opt. 4)  
After Hours Emergencies: 218-477-8080

#### Dilworth City Maintenance Dept.

202 2nd Ave SE, Dilworth 218-287-2313

#### Animal Control

Fargo Pound - 3210 Main Ave, Fargo 701-232-7312  
FM Animal Hospital - 3803 8th St S, MHD 218-236-9059

#### Great Plains Food Bank (ND) -

[greatplainsfoodbank.org/get-help/pantries-and-soup-kitchens](http://greatplainsfoodbank.org/get-help/pantries-and-soup-kitchens)  
1720 3rd Ave, N, Fargo 701-232-6219

#### FM Food Pantries and Meal Sites - <https://tinyurl.com/FM-Resource-Guide>

Poison Control - [poison.org](http://poison.org) 1-800-222-1222

### Clinics

#### Family Health Care - [famhealthcare.org](http://famhealthcare.org)

301 NP Ave, Fargo 701-271-3344  
715 11th St N, #106B, Moorhead  
4025 9th Ave S, #2101, Fargo  
726 13th Ave E, West Fargo

#### Fargo Cass Public Health -

[fargond.gov/city-government/departments/fargo-cass-public-health](http://fargond.gov/city-government/departments/fargo-cass-public-health)  
1240 25th St, S Fargo 701-241-1360

#### Red River Women's Clinic - [redriverwomensclinic.com](http://redriverwomensclinic.com)

302 US-75, Moorhead 218-477-3191

#### Sanford South University Urgent Care -

[sanfordhealth.org/locations/sanford-south-university-urgent-care](http://sanfordhealth.org/locations/sanford-south-university-urgent-care)  
1720 University Dr, S. Fargo 701-280-4140

### Domestic Violence & Sexual Assault

#### Abuse Resource Network - [abuseresourcenetwork.org](http://abuseresourcenetwork.org)

13 11th Ave W, Lisbon 701-683-5061

#### CAWS North Dakota - [cawsnorthdakota.org](http://cawsnorthdakota.org)

521 E Main Ave, Bismarck 701-255-6240

#### Rape & Abuse Crisis Center - [raccfm.com](http://raccfm.com)

317 8th St N, Fargo 701-293-7273

### Elders

#### Disability & Aging Services - Clay Co. Social Services -

[claycountymn.gov/1199/Disability-Aging-Services](http://claycountymn.gov/1199/Disability-Aging-Services)

715 11th St N #502 MHD

#### Coalition of Service Providers for the Elderly -

[facebook.com/seniorresource](http://facebook.com/seniorresource)

701-299-5200

### Legal Services & Housing Assistance

Immigrant Lawyers Guild MN - [ilcm.org](http://ilcm.org)  
1-800-223-1368  
Dealing with ICE? Call: 651-641-1011  
Legal Services of Northwest Minnesota - [lsnmlaw.org](http://lsnmlaw.org)  
1015 7th Ave N, Moorhead  
1-800-450-8585  
612-728-5767  
Home Line - [homelinemn.org](http://homelinemn.org)  
National Lawyer Guild - [nlg.org](http://nlg.org)  
Federal Defense Hotline:  
212-679-2811  
ND Bar Association - <https://www.sband.org>  
ND Rent Help - [hhs.nd.gov.applyforhelp/rent-help](http://hhs.nd.gov.applyforhelp/rent-help)

### LGBTQ+

Canopy Medical Clinic - [canopymedicalclinic.com](http://canopymedicalclinic.com)  
1411 32nd St S, Suite #1, Fargo  
701-264-5200  
Community Uplift Program - [communityupliftprogram.org](http://communityupliftprogram.org)  
Physical location closed.  
701-532-0563  
Forward701 - [forward701.org](http://forward701.org)  
701-264-5200  
Harbor Health Initiative - [harborhealthinitiative.org](http://harborhealthinitiative.org)  
701-566-0593  
★ LGBTQ+ Resource Directory: [harborhealthinitiative.org/directory](http://harborhealthinitiative.org/directory)  
Planned Parenthood - [ppmns.org](http://ppmns.org)  
803 Belsly Blvd. Moorhead  
218-236-7145  
Pride Collective & Community Center - [fmpridecollective.org](http://fmpridecollective.org)  
1105 1st Ave S. Fargo  
218-287-8034  
Tristate Transgender - [tristatetransgender.weebly.com](http://tristatetransgender.weebly.com)

### Local Libraries

Fargo Public Library (Main Library) -  
[fargolibrary.org](http://fargolibrary.org)  
101 4th St N. Fargo  
701-241-1472  
Moorhead Public Library - [larl.org](http://larl.org)  
118 5th St S. Moorhead  
218-233-7594  
West Fargo Public Library - [westfargolibrary.org](http://westfargolibrary.org)  
215 3rd St E. West Fargo  
701-515-5200

### Mental Health

A Place for Hope: Recovery & Wellness - [aplace4hope.center](http://aplace4hope.center)  
2419 12th Ave S. Moorhead  
218-284-6069  
Anchorage - [anchorage.recovery.net](http://anchorage.recovery.net)  
725 Center Ave. #5 Moorhead  
218-287-1500  
CCRI, Inc. - [creativecare.org](http://creativecare.org)  
2903 15th St S. Moorhead  
218-236-6730  
Centre Inc. - [centreinc.org](http://centreinc.org)  
123 15th St N. Fargo  
701-237-9340

### Shelters, Transportation & Services

Churches United - Micah's Mission  
1901 1st Ave N. Moorhead  
218-656-7495  
Downtown Engagement Center  
222 4th St. N. Fargo  
701-476-6723  
Gladys Ray Shelter  
1519 1st Ave S. Fargo  
701-364-0116  
Life Care Unites Foundation - [lifecareunites.org](http://lifecareunites.org)  
622 23rd St S. Fargo  
701-318-7836  
New Life Center - (Men Only) - [fargonlc.org](http://fargonlc.org)  
1902 3rd Ave N. Fargo  
701-235-4453  
YWCA Shelter - (Women Only) - [ywcacassclay.org](http://ywcacassclay.org)  
3000 S University Dr. Fargo  
701-232-3449  
MATEBUS - [matbus.com](http://matbus.com)  
502 NP Ave. Fargo  
701-232-7500

### Substances

Alcoholics Anonymous - [fmintergroup.org](http://fmintergroup.org)  
1112 3rd Ave S. Fargo  
701-232-9930  
First Step Recovery - [thevillagefamily.org/content/first-step-recovery](http://thevillagefamily.org/content/first-step-recovery)  
2701 12th Ave S. Fargo  
701-451-4900  
Harm Reduction Center  
510 5th St. N. Fargo  
701-298-6982  
HAMS: Harm Reduction for Alcohol  
(Support Group)  
<https://www.facebook.com/groups/harmreduction>  
The Lotus Center - [thelotuscenterinc.org](http://thelotuscenterinc.org)  
1401 8th St. S. #3, Moorhead  
218-284-1800  
Youth  
Dakota Boys & Girls Ranch Youth Home - [dakotaranch.org](http://dakotaranch.org)  
7151 15th St S. Fargo  
701-237-3123  
Youthworks - [youthworks.org](http://youthworks.org)  
1330 18th Ave S. Fargo  
701-232-8558